



MXES-H600YG (6-electrode type)



Major specifications

Main unit	Model	MXES-H600YG	Outer dimensions	580 (width) x 340 (height) x 17.4 mm (thickness)
	Number of electrodes	6	Weight	About 170 g (gel pad not installed)
	JAN code	4902580756512	Input voltage/ current	5 V DC/Max. 110 mA
	Built-in battery	Lithium-ion battery (3.7 V/200 mAh)		
	Charging time	About 3 hours (10 to 35°C)		
Gel pad	Dimensions	51.8 (height) x 82.2 (width) x 0.85 mm (thickness)/1 piece	Quantity	6 pieces
	Weight	About 5 g per piece (excluding the film)	Material	Hydrogel
Power supply adapter	Input	100 to 240 V AC, 50/60 Hz, 0.2 A		
	Output	5 V DC/1.0 A		
Accessories	Gel pad x 1 (6 pieces), protective sheet x 6, power supply adapter x 1 Charging cable x 1 (about 50 cm), user manual			

Replacement gel pad

Applicable model	Quantity	Model	JAN code
MXES-H600	1 set (6 pieces)	MXES-600GEL1P	4902580756529
	2 sets (12 pieces)	MXES-600GEL2P	4902580756536

- Training results vary between individuals.
- The names, logos, and service marks are trademarks or registered trademarks of Maxell and other companies.
- The product shown in this catalog complies with Restriction of Hazardous Substances (RoHS) in EU.
- The specifications and design of the product shown in this catalog are subject to change without notice due to modification.
- The actual product may differ slightly from the photographs shown in this catalog, due to printing requirements.
- The information contained in this catalog is accurate as of March 2018.

Contacts

<http://www.maxell.co.jp>

Maxell Contact Us

Search

Maxell product dealer



For global environmental protection, this catalog uses vegetable-oil-based ink.

Maxell MOTE CARE Waist & Hips EMS Device Catalog KM011-1803 Produced in March 2018

maxell
Within the Future

2018.3

Maxell MOTE CARE Waist & Hips
EMS Device Catalog



* The photograph is for illustrative purposes only. Apply this product directly to the skin during use.

ACTIVEPAD
MOTE CARE | EMS Device
Waist & Hips

Maxell MOTE CARE

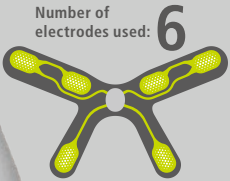
検索

modeA

Simultaneously exercises the waste and hips

[Psoas major, gluteus maximus, oblique abdominals, transverse abdominal muscle, and hamstring]

3-way exercise
concentrating on the
waist or hip line.



modeB

Exercise concentrating on the waist

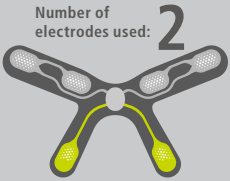
[Rectus abdominis muscle, oblique abdominals, and transverse abdominal muscle]



modeC

Exercise concentrating on the hips

[Gluteus maximus and hamstring]



User-friendly cordless rechargeable system

Cordless MOTE CARE can be used anywhere

The power supply and controller are built into the thin, cordless main unit. You can exercise without fuss anytime, anywhere.

Rechargeable system doesn't require battery replacement

MOTE CARE employs a rechargeable lithium battery that can be recharged and used repeatedly. Once the battery is fully charged, you can use MOTE CARE 10 times for about 20 minutes*.

* When power is set to 15 (maximum). The amount of repeat usage varies according to usage mode.



Fifteen versatile training patterns and fifteen power levels

Easy training! The automatically switchable auto-training function frees you from manual operation! Prevents muscle habituation and provides effective, hands-free training!

1	Warm-up	0 minutes
2	Training A (Squeezing)	Hip walking
3		Hip extension
4		Hip abduction
5		Hip lift
6		Wide squat
7		Burst up
8	Training B (Tightening)	Back extension
9		Leg raise
10		Hip thrust
11		Front lunge
12		Hard plank
13		Burst up (dead lift)
14	Cool down 1	
15	Cool down 2	20 minutes

* Movements for each pattern are based on our original programs.

For details on each pattern, refer to our product website.
<http://www.maxell.jp/consumer/exercise-equipment/mxes-h/>



Deep muscle training over a wide area with twice the power.

Output strength has been doubled* to reliably develop the hips and waist where large muscles are concentrated, from the surface right down to the deep layers.

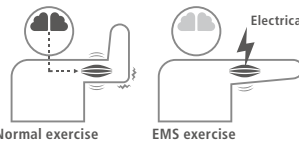
* Compared to previous "MOTE CARE" products.

Outstanding functionality and fit

MOTE CARE's size enables training from the waist to the side of the body all at the same time and its fit gives a feeling of hip support. We have pursued a streamlined no-waste shape and taken great care to achieve comfortable wear.

[EMS]

Electrical Muscle Stimulation (EMS) is an exercise machine that electrically stimulates and contracts muscles.



Advantages of EMS

Training without fatigue + Balanced muscle development