



Unique shape that fits
like wrapping



Waist & Hips



MXES-H600YG (6-electrode type)



Major specifications

Main unit	Model	MXES-H600YG		External dimensions	580 (width) x 340 (height) x 17.4 (thickness) mm
	Number of electrodes	6		Weight	About 170 g (gel pad not installed)
	JAN code	4902580756512		Input voltage/ current	5 V DC/Max. 110 mA
	Built-in battery	Lithium-ion battery (3.7 V/200 mAh)			
	Charging time	About 3 hours (10 to 35°C)			
Gel pad	Dimensions	51.8 (height) x 82.2 (width) x 0.85 (thickness) mm/1 piece		Quantity	6 pieces
	Weight	About 5 g/1 piece (excluding the film)		Material	Hydrogel
Power supply adapter	Input	100 to 240 V AC, 50/60 Hz, 0.2 A			
	Output	5 V DC/1.0 A			
Accessories	Gel pad x 1 (6 pieces), protective sheet x 6, power supply adapter x 1 Charging cable x 1 (about 50 cm), user manual				

Replacement gel pad

Applicable model	Quantity	Model	JAN code
MXES-H600	1 set (6 pieces)	MXES-600GEL1P	4902580756529
	2 sets (12 pieces)	MXES-600GEL2P	4902580756536

- Training results vary between individuals.
- The names, logos, and service marks are trademarks or registered trademarks of Maxell and other companies.
- The product shown in this catalog complies with Restriction of Hazardous Substances (RoHS) in EU.
- The specifications and design of the product shown in this catalog are subject to change without notice due to modification.
- The actual product may differ slightly from the photographs shown in this catalog, due to printing requirements.
- The information contained in this catalog is accurate as of March 2018.

Contacts

(<http://www.maxell.co.jp>)

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For global environmental protection, this catalog uses vegetable-oil-based ink.

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Within, the Future

2018.3

Maxell MOTECARE Waist & Hips
EMS Device Catalog



* The photograph is for illustrative
purposes only. Apply this product
directly to the skin during use.

ACTIVEPAD
MOTECARE | EMS Device
Waist & Hips

Maxell MOTECARE

Search

Perfect waist
and hips with
EMS exercise

Train by simply attaching
it to your skin

modeA

Simultaneously exercises the waste and hips

[Psoas major, gluteus maximus, oblique abdominal, transverse abdominal, and hamstring muscles]

3-way exercise

concentrating on the
waist or hip line.

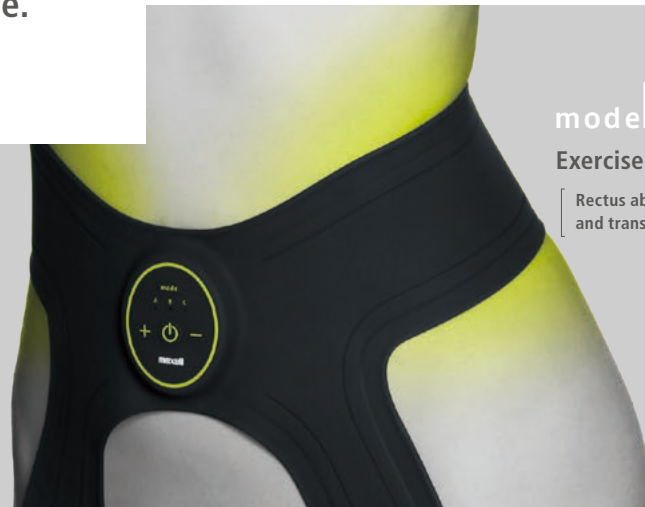


Number of
electrodes used: 6

modeB

Exercise concentrating on the waist

[Rectus abdominis, oblique abdominal, and transverse abdominal muscles]



Number of
electrodes used: 4

modeC

Exercise concentrating on the hips

[Gluteus maximus and hamstring muscles]



Number of
electrodes used: 2

User-friendly cordless rechargeable system

Cordless MTECARE can be used anywhere

The power supply and controller are built into the thin, cordless main unit. You can exercise without fuss anytime, anywhere.

Rechargeable system doesn't require battery replacement

MTECARE employs a lithium battery that can be recharged and used repeatedly.

Once the battery is fully charged, you can use MTECARE 10 times for about 20 minutes each time*.

* When power is set to 15 (maximum).
The amount of repeat usage varies according to usage mode.



Fifteen versatile training patterns and fifteen power levels

Easy training! The automatically switchable auto-training function frees you from manual operation!

Prevents muscle habituation and provides effective, hands-free training!

1	Warm-up	0 minutes
2	Training A (Squeezing)	Hip walking
3		Hip extension
4		Hip abduction
5		Hip lift
6		Wide squat
7		Burst up
8	Training B (Tightening)	Back extension
9		Leg raise
10		Hip thrust
11		Front lunge
12		Hard plank
13		Burst up (dead lift)
14	Cool down 1	
15	Cool down 2	20 minutes

* Movements for each pattern are based on our original programs.

For details on each pattern, refer to our product website.
<http://www.maxell.jp/consumer/exercise-equipment/mxes-h/>



Deep muscle training over a wide area with twice the power.

Output strength has been doubled* to reliably develop the hips and waist where large muscles are concentrated, from the surface right down to the deep layers.

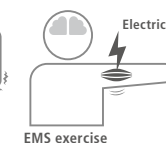
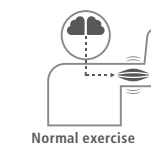
* Compared to previous "MTECARE" products.

Outstanding functionality and fit

MTECARE's size enables training from the waist to the side of the body all at the same time and its fit gives a feeling of hip support. We have pursued a streamlined no-waste shape and taken great care to achieve comfortable wear.

[EMS]

Electrical Muscle Stimulation (EMS) is an exercise machine that electrically stimulates and contracts muscles.



Advantages of EMS

Training without fatigue

+

Balanced muscle development